



## SPORT

### **BTEC Nationals (Level 3) Subsidiary Diploma in Sport Diploma in Sport Extended Diploma in Sport (Development, Coaching and Fitness)**

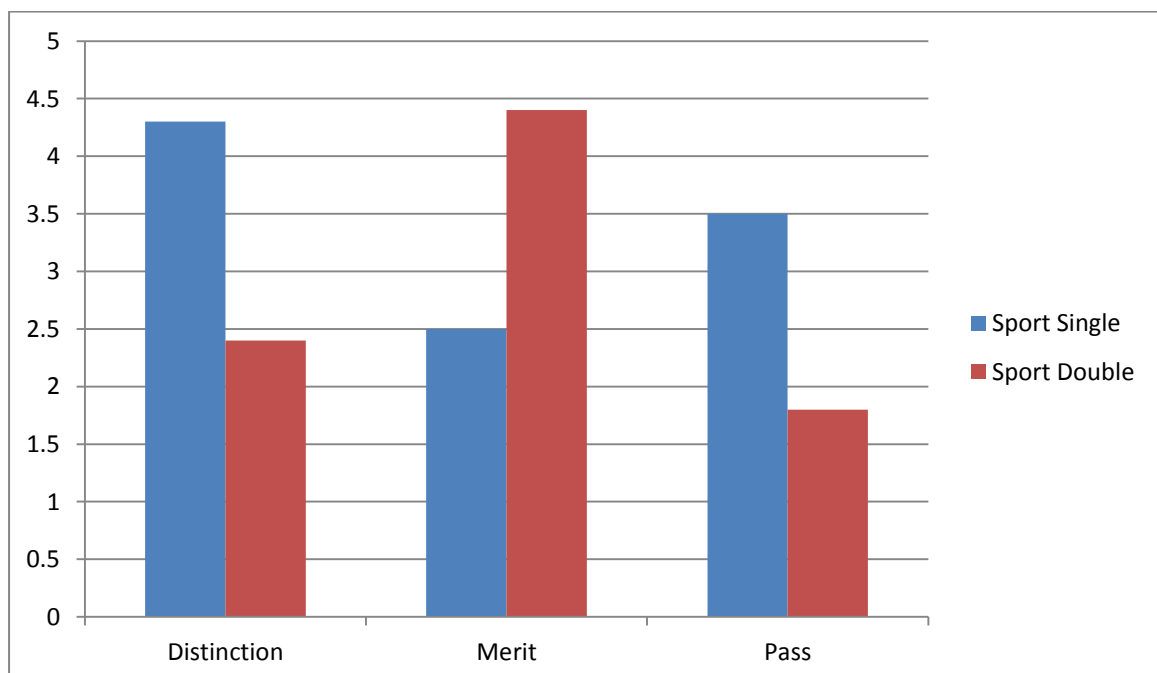
#### **WHY BTEC SPORT?**

The course is an active and enjoyable way to study Sport and gain an understanding of the Sport Industry. The course aims to provide students with opportunities to carry out practical work and develop skills and appropriate knowledge to enable progression to both Higher Education and employment. The course aims to provide students with skills and knowledge to pursue a successful career within the broad field of Sport. BTEC Sport will not only lead to employment but can open the door to University, studying Leisure and Recreation and Sports related Degrees.

#### **SPECIFIC ENTRY REQUIREMENTS**

- 4 GCSEs (Grades A\* - C)
- Satisfactory level of competence in Mathematics and English

#### **EXAMINATION RESULTS 2011**





## COURSE DETAILS

### **BTEC Extended Diploma in Sport (Development, Coaching & Fitness) [Triple Award Course]**

You will study eight mandatory units **plus** eleven optional units.

### **BTEC Diploma in Sport (Development, Coaching & Fitness) [Double Award Course]**

You will study eight mandatory units **plus** five optional units.

### **BTEC Subsidiary Diploma in Sport [Single Award Course]**

You will study three mandatory units **plus** one mandatory specialist unit **plus** three optional units.

Further details on course content will be added when Specifications are available from the Exam Board.

#### **Mandatory Units:**

Unit 1: Principles of Anatomy and Physiology in Sport

Unit 2: The Physiology of Fitness Unit 3: Assessing Risk in Sport Unit 4: Fitness Training and Programming **Diploma / Extended Diploma** Unit 5: Sports Coaching **Diploma / Extended Diploma** Unit 6: Sports Development **Diploma / Extended Diploma** Unit 7: Fitness Testing for Sport and Exercise **Diploma / Extended Diploma**

**(Unit 7 is also a mandatory specialist unit for the Subsidiary Diploma)**

Unit 8/9: Practical Team / Individual Sports **Diploma / Extended Diploma**

**Optional Units:** Unit 10: Outdoor and Adventurous Activities

Unit 11: Sports Nutrition

Unit 12: Current Issues in Sport

Unit 13: Leadership in Sport Unit 14: Exercise, Health and Lifestyle Unit 15: Instructing Physical Activity and Exercise Unit 16: Exercise for Specific Groups **Extended Diploma only**

Unit 17: Psychology for Sports Performance Unit 18: Sports Injuries Unit 19: Analysis of Sports Performance **Extended Diploma only** Unit 20: Talent Identification & Development in Sport **Extended Diploma only**

Unit 21: Sport and Exercise Massage

Unit 22: Rules, Regulations and officiating in Sport Unit 23: Organising Sports Events Unit 24: Physical Education and the care of Children and Young People Unit 25: Sport as a Business Unit 26: Work Experience in Sport Unit 39: Sports Facilities and Operational Management Unit 40: Sports Legacy Development

Unit 41: Profiling Sports Performance Unit 42: Research Investigation in Sport and Exercise Sciences Unit 43: Laboratory and Experimental Methods in Sport and Exercise Science