



THOMAS TELFORD SCHOOL (TTS) FOOTBALL ACADEMY

BTEC National (Level 3) Extended Diploma in Sport (Development, Coaching and Fitness)

WHY TTS FOOTBALL ACADEMY?

The Academy aims to provide students with the opportunity to play competitive Football fixtures in prestigious competitions including:

- British Colleges Sport, National Colleges Football League (Group 5)
- British Colleges Sport, West Midlands North (Division 1)
- ESFA National Cups.
- League Cup Competitions.

Students will also have the opportunity to gain valuable life-skill qualifications including:

- F.A. Level 1 and 2 in Coaching Football
- Level 2 Fitness Instructors qualification
- F.A. Level 2 Treatment & Management of Injury.

The BTEC Extended Diploma in Sport aims to provide students with opportunities to carry out practical work and develop skills and appropriate knowledge to enable progression to both Higher Education and employment.

Students attending the Academy will have opportunities to progress both academically and also in the sporting / leisure field. There are various possibilities open to students as they progress through the Academy:

- Entrance to University to study sport related degree.
- Soccer scholarship in USA.
- Direct employment in the leisure industry.
- Achieve career in Football either as a full time professional or semi-professional.

SPECIFIC ENTRY REQUIREMENTS

- 4 GCSEs (Grades A* - C)
- Satisfactory level of competence in Mathematics and English
- Level of technical football ability (district / county level preferable)



COURSE DETAILS

BTEC Extended Diploma in Sport (Development, Coaching & Fitness) [Triple Award Course]

You will study eight mandatory units **plus** eleven optional units.

For further course details go to dexcel.com and enter BTEC Nationals Sport L3.

Mandatory Units:

- Unit 1: Principles of Anatomy and Physiology in Sport
- Unit 2: The Physiology of Fitness
- Unit 3: Assessing Risk in Sport
- Unit 4: Fitness Training and Programming (*Diploma / Extended Diploma*)
- Unit 5: Sports Coaching (*Diploma / Extended Diploma*)
- Unit 6: Sports Development (*Diploma / Extended Diploma*)
- Unit 7: Fitness Testing for Sport and Exercise (*Diploma / Extended Diploma*)
(*Unit 7 is also a mandatory specialist unit for the Subsidiary Diploma*)
- Unit 8/9: Practical Team / Individual Sports (*Diploma / Extended Diploma*)

Optional Units:

- Unit 10: Outdoor and Adventurous Activities
- Unit 11: Sports Nutrition
- Unit 12: Current Issues in Sport
- Unit 13: Leadership in Sport
- Unit 14: Exercise, Health and Lifestyle
- Unit 15: Instructing Physical Activity and Exercise
- Unit 16: Exercise for Specific Groups **Extended Diploma only**
- Unit 17: Psychology for Sports Performance
- Unit 18: Sports Injuries
- Unit 19: Analysis of Sports Performance **Extended Diploma only**
- Unit 20: Talent Identification & Development in Sport **Extended Diploma only**
- Unit 21: Sport and Exercise Massage
- Unit 22: Rules, Regulations and officiating in Sport
- Unit 23: Organising Sports Events
- Unit 24: Physical Education and the care of Children and Young People
- Unit 25: Sport as a Business
- Unit 26: Work Experience in Sport
- Unit 39: Sports Facilities and Operational Management
- Unit 40: Sports Legacy Development
- Unit 41: Profiling Sports Performance
- Unit 42: Research Investigation in Sport and Exercise Sciences
- Unit 43: Laboratory and Experimental Methods in Sport and Exercise Science